

Talkinc Psychological Services Ltd.

Dan McKinnon, Ph.D. (Education), Registered Psychologist #2896

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Calgary, Alberta, T3A 6K4

INFORMED CONSENT RE TELEPSYCHOLOGY

As a registered psychologist I, Dan McKinnon, am required to provide some additional information beyond the standard informed consent prior to engaging in psychotherapeutic practice via technology. It is important for you to understand the nature of this type of counselling.

Limitations and Alternatives:

There is potential for misunderstandings when visual cues are absent and/or limited in communications. This limitation may lead to the need to seek additional clarification on the part of all parties when questions of misinterpretations surface.

Ensure that any texting be kept to a minimum and not disclose personal information.

Prior to engaging in telepsychology, regarding video counselling, the therapist and client will determine that this type of service delivery is in the best interests of the client. The option to meet person to person will be discussed.

Technology Limitations and Confidentiality

Technology comes with the potential of complications including time delays, equipment failure or poor internet speed.

Information transmitted via the internet may not be secure nor confidential with the risk of it being hacked or discovered by others. In order to limit breach of confidentiality, all video counselling will be conducted via an encrypted platform called Medeo which a client will be required to sign on to. You will be informed how to use it.

If we are disconnected during the session for whatever reason, it may not be possible to make up for this time immediately and a subsequent session may need to be booked. In addition, please ensure that you have a phone and phone number where you can be reached in the event of a disconnection during a session to ensure and confirm client safety.

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***Initials _____**

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Please ensure that you have a private, quiet place to engage in your session and that you will not be interrupted.

Confidentiality still applies for telepsychology services and nobody will record the sessions without permission from all persons.

It is important to use a secure internet connection rather than public/free Wi-Fi.

As your psychologist, I may determine that due to certain circumstances, telepsychology is no longer appropriate and that we should resume our sessions in-person.

Emergencies

A client's emergency contact will be readily available to the therapist during all sessions in the event of any emergency. As well, clients will be provided with a list of emergency contacts and services prior to their first video counselling session and advised to have it accessible during all telepsychology sessions.

Financial Consent:

As with in-office counselling, a 24-hour cancellation policy applies. Please understand when I do not receive adequate notice I am unable to fill the appointment time and you will be charged for the full session amount. Please ensure that you are on time for your on-line appointment.

The same rate as in- person sessions, which is \$200.00 per 50 minute hour, applies. Please confirm with your insurance company that the video sessions will be reimbursed; if they are not reimbursed you are responsible for full payment.

Your signature represents that you have read, understand, and agree to the information above.

Client Signature: _____ Date: _____

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